

THURSDAY, MARCH 30, SESSION #4
4:00 - 5:00 p.m.

T401 – Bully-Proof Your School in Five Minutes! Level: Elem/Middle

Presenter: Shannon Black, School Counselor, Goochland County Schools

This program presents a positive, fun way to prevent bullying at your school. Through short daily announcements and an easy incentive program, your students will strive to excel in behaviors such as reaching out, helping others, going above and beyond, and making a difference!

T402 – Advocating and Collaborating through Culturally Competent Consultation Level: All

Presenters: Tim Grothaus & Gwen Lee-Thomas, Assistant Professors, Old Dominion University

School counselors wisely choose to make efficient use of their time and expertise through collaborative consultation with teachers, parents/guardians, students, administrators, etc. To maximize effectiveness, it is essential to include salient cultural factors. Join us for an interactive session that explores using culturally competent consultation for advocacy and empowerment.

T403 – Grab Bag Guidance Level: Middle

Presenter: Diane Hinderliter & Anita DeYoung, MAR*CO Products

Small group counseling is the backbone of a counseling program. Participants will be shown how to organize, evaluate, and most important of all, present small group counseling through the use of energizers and activities. Selections from each of the ten topics will be explored and participants will be involved in the energizers.

T404 – Advocacy-Achievement-Access: Maximizing Higher Education Opportunities for Students from Low Socioeconomic Families Level: All

Presenters: Tiffany McQueen, School Counselor & Anita Young, Secondary Guidance Specialist, Fairfax County Public School District

Students from lower socioeconomic environments often face barriers that impede academic success and limit post-secondary opportunities. Presenters will emphasize advocacy and data tools that empower students to self-advocate, improve achievement, and obtain equitable services leading to increased access to postsecondary options.

T405 – Sexual Orientation: Meeting the Challenge to Promote the Health and Well Being of All Students Level: Elem/Middle

Presenter: Amie A. Manis, Doctoral Student, University of Virginia

The presentation will be based on the concept of sexuality as a continuum and will provide a brief overview of gay history and culture, followed by a discussion about sexual identity development and the ways in which cultural attitudes and societal institutions have a negative impact on the health of GLBTQ students. Handouts will be provided. Implications for school counselors will be discussed.

T406 – School Counselors Responding to Hurricane Survivors Level: All

Presenters: Beth Graney, Deb Roche, Cathy Ferma, Shannon DiMisa, Shannon Raymond, Kim Ratliff, & Sue Danielson, School Counselors, Prince William County

A team of school counselors reflect on their experiences counseling Hurricane Katrina and Wilma survivors. The counselors will discuss how the lessons learned at Katrina can be applied to other critical incidents in schools. Photographs & a short video will depict the experience.

T407 – Educating and Advocating for AD/HD Teens Level: All

Presenter: Peggy Cantey and Carol Froelich, School Counselors, Fairfax County Schools

This two-part program is designed to provide counselors with an in-service tool for staff of middle and high school students. The video portion of the program gives an overview of teens successfully managing their ADHD. The slide show provides an overview of diagnosis and treatment of ADHD and the packaged program provides a ready-made in-service for counselor use.

T408 – How to Deal with Difficult and Sometimes Ornerly Parents Level: All

Presenter: Damon T. Peterson, Director of Guidance, Henrico County Schools

Teachers, counselors, and administrators are often placed in challenging situations that require leadership skills to turn “Adversaries into Advocates.” Participants will take away leadership skills that will help them resolve conflicts with parents using “C4” (connect, confront, communicate, commit).

T409 – PBL: Proposals to Implement and Evaluate Level: All

Presenter: Kimberly Hall, Assistant Professor, Virginia Commonwealth University

A panel of K-12 professional school counselors and school counseling students will present group counseling proposals for using problem-based learning in a group setting. Each proposal details session descriptions, evaluation instruments, and a description of methods for advertising the results of the group. Proposals will be available as handouts.

T410 – School Counselors & College Admissions Counselors: Co-Dependency CAN be a Good Thing! Level: High School

Presenters: Meredith Ayala, School Counselor, Fairfax County Schools & Mike Canfield, Director of Admissions, Marymount University

Secondary and college admissions counselors depend on each other for the future success of their current and prospective students. But how well do they really work together? Come learn useful activities and practical strategies of how to manage the college planning and admissions process from a school counselor and University Director of Admissions. Sharing will be encouraged and handouts provided.