

THURSDAY, MARCH 30TH, SESSION #2
1:15 – 2:15 p.m.

T201 – School Counselors: Learning to Lead

Level: All

Presenters: Joan Cassell & Tangy Jackson, School Counselors, Fairfax County Schools

This presentation reinforces the power of collaboration, use of data, and leadership to improve student success and close achievement gaps. Presenters will share the driven process used by the counseling department that decreased the number of students on the D/F list, increased the number of students applying to colleges, and improved school-wide teacher/counselor collaborative efforts.

T202 – Using a Deliberate Psychological Education (DPE) Model to Increase Multicultural Awareness in School Counselors

Level: Grad/CEs

Presenter: Dana Griffin, Doctoral Student, College of William & Mary

Using a DPE model, instructional experiences can be tailored to meet the needs of counseling trainees for maximal cognitive and moral development, which has been shown to lead to enhanced decision-making skills in the schools. This presentation will discuss ways of implementing this model into established school counseling curricula.

T203 – Teaching the 3 C's: Calming, Conflict Resolution, and Coping Skills in the School Setting

Level: All

Presenter: Scarlett Williams, Elementary School Counselor, Prince William County Public Schools

Using visual posters and a game format, counselors can quickly and effectively introduce the three C's to their students. Counselors will find this emotional education program to be truly valuable in their practice.

**T204 – Don't Just BE the Difference, Make a HUGE Splash doing it!
(Part 1 of 2)**

Level: All

Presenter: Teresa Gibbons, Middle School Counselor, Roanoke City Schools

This is a highly interactive workshop designed to provide activities, resources, and ideas to not only make a difference in your program, but to make a HUGE SPLASH. Come ready to play, laugh, and take home resources ready to use on Monday morning! **(The second half of this session will continue in session #304).**

T205 – Looking in the Mirror: Counseling Program Evaluation

Level: All

Presenter: Mary Beth McCormac, Elementary School Counselor, Arlington Public Schools

This session is designed to help counselors overcome their fears that evaluations are too complicated and time-consuming, and fears about how the evaluation information will be used. The session will address measures of both process and outcome results and ways to share successes with stakeholders.

T206 – “Racing” to Achievement through Group Work **Level: All**
Presenters: Sam Steen, Erol Hak, Katie Harding, Jeanne Peterson, Catherine Schwarting, Elisabeth Torres, School Counselors, Loudoun County Schools

Elementary school counselors describe their experiences replicating a group counseling intervention attending to both academic and personal/social issues with 5th graders using an original group counseling program incorporating the phases: Review, Acquaintance, Challenge, Empower, and Support (RACES). The curriculum provided includes data collection surveys, pre-screening questions, and group activities.

T207 – What do they think? Findings from a Research Survey about the Beliefs of the Role of a School Counselor **Level: All**
Presenters: Scott Minbiole, Lila Orrock, Daniel Long, Graduate Students, Eastern Mennonite University

How are school counselors really perceived by the other staff at a school? A research survey of staff in three Virginia schools regarding beliefs about the role of a school counselor was distributed and collected. Results will be shared and information will allow counselors to better serve the students and the school as a whole.

T208 - If You Build It, They Will Learn **Level: Elem/Middle**
Presenters: Mary Pat McCartney, ASCA Elementary Vice President & Nicole S. Moore, VSCA Student Vice-President-Elect

Constructing effective guidance lessons requires certain tools. Building lessons in creative, purposeful units eliminates “Random Acts of Guidance.” A blueprint of practical ideas will be presented. Beginning school counselors and those who do not have a teaching background will find this session particularly helpful.

T209 – College/Career Information Specialists **Level: High School**
Presenter: Mary Ann Litton, Director of School Counseling, Chancellor High School

Spotsylvania County staffed college/career centers in each high school by training para-professionals to deliver noncounseling services to students and allowing time for counselors to have more time for direct services. Hear how the program was developed, the benefits for students and counselors, pitfalls to avoid, and how this system may work for your school.

T210 – Conquering Bullying **Level: Elementary**
Presenter: MAR*CO Products Representative

Three approaches to bullying will be shared: (1) A classroom program in which teachers and students work together to eliminate behaviors blocking learning; (2) Dealing with bullying through stories and evaluation; and (3) bully prevention classroom games. These approaches give school counselors intervention options to meet the particular needs of students involved.