

CONFERENCE SESSIONS

THURSDAY, MARCH 30, SESSION #1

11:00 a.m. – 12:00 p.m.

**T101 – Professional Development Assessment for Virginia School Counselors:
Research Results that Express Your Voice** **Level: All**

Presenters: Vivian Lee, Higher Education School Counselor Specialist, National Office for School Counselor Advocacy & Nancy Bodenhorn, Virginia Tech, Assistant Professor

This session will offer the first public unveiling of the Executive Summary and data results from the *Professional Development Assessment for Virginia School Counselors* that one third of all school counselors in Virginia participated in over the summer and fall. Results will reveal the state of school counseling in Virginia K-12

**T102 – School Counselors Sell Yourself and Save the Children: Grass Roots
Advocacy Can Make the Difference** **Level: All**

Presenter: Dr. Faith Teel, Assistant Professor, Radford University

The Bi-Level Model for Advocacy will be presented. Participants will be given the opportunity to work in small groups to begin to develop a plan for implementing the model at their schools.

T103 – Don't Just Deliver – BE Accountable **Level: All**

Presenter: Kasey Cain, Graduate Student, George Mason University

Think conducting a program and then evaluating it is intimidating or too time consuming? Think again! This program will demonstrate how one graduate student created and evaluated a program to enhance students' study skills and test-taking strategies. Further steps to continue similar work will also be presented.

**T104 –Queen Bees, Wanna Be's, and the Boy Who Stole Your Lunch
Money** **Level: Elem/Grad**

Presenters: Bonnie Carter, Kim Ratliff, & Erin Schneider, Elementary School Counselors, Prince William County Schools

Classroom, home and school-wide implementation ideas for combating cliques and bullying will be presented. Real life and media examples will be used to demonstrate a research-based prevention program for your school. Leave with useful ideas for making your school more inclusive and safe for all students.

T105 –Time Savers for K-6 Career Development **Level: Elem/Middle**

Presenter: Michele G. Seibert, Research & Educational Coordinator, VA Career VIEW

Discover how to make the most of career development with students using time saving tips to integrate career development into the curriculum through interactive activities from Virginia Career VIEW.

T106 Adventures in Homework Land: Fun and Easy Ways School Counselors Can Support Student Academic Success **Level: Elem/Middle**

Presenter: Jennifer Barna, Elementary School Counselor, Prince William County

Help! Johnny isn't turning in his homework! Susie can't get organized! Mary lost her motivation for school! How often do we hear these concerns from parents, teachers, and students? This session will focus on easy, fun, and effective ways counselors can make a positive difference in student academic success.

T107 – Youth to Youth: A Substance Abuse and Violence Prevention Program that Makes a Difference **Level: All**

Presenter: Suzanne A. Whitehead, Director of Guidance and Doctoral Student, George Washington University

Student members and their advisor of the Youth to Youth Club from Walsingham Academy will perform hard-hitting skits about the realities of drug abuse and violence in our schools and communities. The students' heartfelt performance and panel discussion is guaranteed to touch your heart. Learn how to start this amazing, proactive, effective program in your school.

T108 – Creating a Community Bridge **Level: All**

Presenters: Pam Burkhalter & Kelly Ellis, Middle School Counselors, Manassas Park Schools

LIT (Leadership in Training) is a program that partners a middle school and the Parks & Recreation Department. This 10-week program includes volunteer opportunities, mentorship, and field trips that increase self-esteem and responsibility in at-risk students. Ideas for developing this type of partnership for your community/school will be discussed.

T109 – Cutting: A Mind Body Connection **Level: All**

Presenters: R.D. "Charlie" Brown, School Counselor, Fairfax County Schools & Theresa Dethlefsen, School Counselor, Montgomery County Schools

This session will provide an overview of self mutilation, define terms and issues, discuss who is at risk, DSM-IV diagnosis, explain the mutilation cycle, and provide information on interventions and treatment. A discussion of several case studies and outcomes plus Q & A will be offered.

T110 – People not Papers: Leadership for Implementing the Role of the Professional School Counselor **Level: All**

Presenter: Jim Gumaer, Professor, Radford University

This program will assist counselors to compare what they are doing vs. what they want to do. It will provide opportunity to identify change that is necessary to make more counseling/consulting contacts with children, discuss problems and pitfalls to these changes, and develop action plans.